

GAMBARAN STATUS ANEMIA PADA IBU HAMIL BERDASARKAN KARAKTERISTIK IBU HAMIL TRIMESTER III DI PUSKESMAS PAJANGAN BANTUL

INTISARI

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Latar Belakang : Kejadian anemia pada kehamilan (ibu hamil yang memiliki kadar Hb < 11 gr%), menurut WHO berkisar sebanyak 40%. Angka anemia pada kehamilan di Indonesia menunjukkan nilai yang relatif tinggi yakni sebanyak 63,5% (Prawiroharjo, 2010), sedangkan menurut Dinkes DIY (2013) angka kejadian anemia pada kehamilan di daerah bantul sebanyak 28,67%.

Tujuan : Untuk mengetahui gambaran status anemia pada ibu hamil berdasarkan karakteristik ibu hamil trimester III di Puskesmas Pajangan Kecamatan Kasihan Kabupaten Bantul.

Metode : Jenis penelitian *deskriptif* dengan rancangan *cross sectional*. Populasi penelitian adalah seluruh ibu hamil trimester III yang datang memeriksakan kehamilannya di Puskesmas Pajangan. Teknik pengambilan sampel dilakukan secara *accidental sampling*. Alat ukur menggunakan kuesioner.

Hasil : Hasil penelitian ini didapatkan SMA yang tidak anemia 32 orang (76,2%), yang anemia 10 orang (23,8%) dengan total responden 42 orang, responden yang tidak memiliki riwayat penyakit yang tidak anemia 58 orang (79,5%), yang anemia 15 orang (20,5%), dengan total responden 73 orang, IRT yang tidak anemia 50 orang (80%), yang anemia 12 orang (19,4%), dengan total responden 62 orang, yang mendukung tidak anemia 30 orang (76,9%), yang anemia 9 orang (23,1%), dengan total responden 39 orang.

Kesimpulan: Tingkat pendidikan ibu hamil TM III di Puskesmas Pajangan mayoritas SMA, ibu hamil yang tidak memiliki riwayat penyakit mayoritas tidak memiliki riwayat penyakit, status pekerjaan ibu hamil di Puskesmas Pajangan mayoritas IRT, dan ibu hamil yang memeriksakan kehamilannya mayoritas tidak mendapat dukungan suami, dan tingkat kejadian anemia mayoritas responden tidak mengalami anemia.

Kata Kunci: Pendidikan, Pekerjaan, Riwayat Penyakit, Dukungan Suami, Anemia

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DESCRIPTION OF ANEMIA STATUS CHARACTERISTICS OF PREGNANT WOMEN BY TRIMESTER III PREGNANT WOMEN IN HEALTH PAJANGAN BANTUL

ABSTRACT

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Background: The incidence of anemia in pregnancy (pregnant women who have Hb <11 g%), according to the WHO range as much as 40%. The rate of anemia in pregnancy in Indonesia shows a relatively high value that is as much as 63.5% (Prawiroharjo, 2010), while according to the DIY Health Office (2013) the prevalence of anemia in pregnancy in Bantul area as much as 28.67%.

Objective: To determine the status overview of anemia in pregnant women is based on the characteristics of third trimester pregnant women in health centers Kasihan Displays Bantul.

Methods: Descriptive study with cross sectional design. The study population is the entire third trimester pregnant women who come Pajangan chekup at the health center. The sampling technique performed by accidental sampling. Measuring tool using a questionnaire.

Results: The results of this study found that high school is not anemic 32 (76.2%), anemia 10 (23.8%) with a total of 42 respondents, respondents who have no history of the disease are not anemic 58 people (79.5 %), anemia 15 (20.5%), with the total respondents 73 people, who are not anemic housewife 50 people (80%), anemia 12 (19.4%), with a total of 62 respondents, who support not anemic 30 people (76.9%), anemia 9 (23.1%), with a total of 39 respondents.

Conclusion: Level of education pregnant women TM III in PHC Displays the majority of high school, pregnant women with no history of disease the majority did not have the disease history, employment status of pregnant women at health centers Pajangan majority of IRT, and pregnant women who checkups majority did not support her husband, and the incidence rate of anemia majority of respondents did not have anemia.

Keywords: Education, Employment, Disease History, Support Couple, Anemia

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