

INTISARI

GAMBARAN KEJADIAN EFEK SAMPING KB SUNTIK TIGA BULAN DI PUSKESMAS MANTRIJERON YOGYAKARTA¹

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Latar Belakang : KB suntik tiga bulan di Puskesmas Mantrijeron Yogyakarta banyak digunakan oleh PUS (Pasangan Usia Subur). Penggunaan tersebut sering menimbulkan efek samping seperti gangguan haid, pusing atau sakit kepala, penambahan berat badan, keputihan, dan jerawat.

Tujuan : Untuk mengetahui gambaran kejadian efek samping KB suntik tiga bulan di Puskesmas Mantrijeron Yogyakarta.

Metode : Penelitian ini menggunakan penelitian *observasional* dengan pendekatan deskriptif kuantitatif. Rancangan penelitian yang digunakan adalah survei. Populasi penelitian adalah akseptor KB di Puskesmas Mantrijeron Yogyakarta yang berjumlah 50 responden. Teknik pengambilan sampel dengan cara *Total Sampling*. Data yang dikumpulkan dengan kuesioner.

Hasil : Gambaran kejadian efek samping KB suntik tiga bulan di Puskesmas Mantrijeron Yogyakarta yang mengalami gangguan haid sebanyak 47 responden (94,0%), pusing atau sakit kepala sebanyak 24 responden (48,0%), perubahan berat badan sebanyak 44 responden (88,0%), jerawat sebanyak 10 responden (20,0%), keputihan sebanyak 17 responden (34,0%).

Kesimpulan : Kejadian efek samping KB suntik tiga bulan berdasarkan gangguan haid paling banyak terjadi, dan jerawat paling banyak tidak terjadi.

Kata Kunci : Efek samping, KB suntik tiga bulan , Akseptor

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***EVENT DESCRIPTION OF SIDE EFFECTS OF THREE MONTHS KB
INJECTION***

IN HEALTH MANTRIJERON YOGYAKARTA

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ABSTRACT

Background: KB injections at the health center in Mantrijeron Yogyakarta widely used by EFA (couple of childbearing age). These used often have side effects such as menstrual disorders, dizziness or headaches, weight gain, vaginal discharge, and acne.

Objective: To know the incidence description of side effects of three months KB injections in Mantrijeron Yogyakarta.

Methods: This study used observational research with quantitative descriptive approach. The design of the study was survey. The study population was acceptors at the health center in Yogyakarta Mantrijeron totaling 50 respondents. The sampling technique was Total Sampling. Data were collected by questionnaire.

Results: There were 47 respondents (94.0%) who had experience in menstrual disorders, dizziness or headache as many as 24 respondents (48.0%), changes in body weight were 44 respondents (88.0%), acne as many as 10 respondents (20.0%), vaginal discharge as much as 17 respondents (34.0%).

Conclusion: The most incidence of side effects of three months injections was menstrual disorders, and acne was the rarest.

Keywords: Side effects, three months injections, Acceptor
