

**HUBUNGAN DUKUNGAN KELUARGA DENGAN TINGKAT  
KECEMASAN PADA PASIEN GAGAL GINJAL KRONIK (GGK) YANG  
MENJALANI TERAPI HEMODIALISIS DI KLINIK UTAMA DIALISIS  
GOLDEN PMI DIY<sup>1</sup>**

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**INTISARI**

**Latar Belakang :** Gagal ginjal kronik (GGK) merupakan gangguan fungsi renal tahap akhir yang progresif dan irreversibel dimana pasien dihadapi dengan pilihan transplantasi ginjal atau terapi hemodialisa. Terapi hemodialisis yang dijalani pasien merupakan terapi alternatif untuk pengganti dari fungsi ginjal dimana pasien mengalami banyak kendala diantaranya keterbatasan waktu, biaya, serta perilaku sehari-hari yang membutuhkan dukungan keluarga.

**Tujuan :** Diketuinya hubungan antara dukungan keluarga dengan tingkat kecemasan pada pasien gagal ginjal kronik (ggk) yang menjalani terapi hemodialisis di Klinik Utama Dialisis Golden PMI DIY.

**Metodologi :** Penelitian ini menggunakan jenis penelitian deskriptif analitik dengan pendekatan *cross sectional*. Lokasi penelitian di Unit Hemodialisa Klinik Utama Dialisis Golden PMI DIY. Subyek penelitian adalah pasien yang terdata menjalani terapi hemodialisis rutin. Sampel penelitian diambil menggunakan tehnik *accidental sampling* berjumlah 37 responden. Data diambil menggunakan kuesioner. Analisa data dihitung dengan menggunakan rumus korelasi *Kendal Tau* ( $\tau$ ).

**Hasil Penelitian :** Berdasarkan uji statistik *Kendal Tau* didapatkan, nilai  $\rho$  sebagai tingkat signifikansi 0,000 dengan taraf  $\alpha = 1\%$ . Pada tabel didapatkan hasil nilai *Asymp. Sig*  $-0,852 < 0,01$ . Karena nilai  $\rho < \alpha$  maka  $H_0$  ditolak dan  $H_a$  diterima sehingga diartikan bahwa ada hubungan antara dukungan keluarga dengan tingkat kecemasan.

**Kesimpulan :** Ada hubungan antara dukungan keluarga dengan tingkat kecemasan pada pasien gagal ginjal kronik (ggk) yang menjalani terapi hemodialisis di Klinik Utama Dialisis Golden PMI DIY.

**Kata Kunci :** Dukungan keluarga, tingkat kecemasan, gagal ginjal kronik, hemodialisis

Kepustakaan : 19 buku (2002-2013), 7 Jurnal, 9 Skripsi, 5 Website.

Jumlah Halaman : i-xv, 85 halaman, 17 tabel, 3 gambar, 10 lampiran.

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**THE RELATIONSHIP OF FAMILY SUPPORT WITH ANXIETY LEVEL  
ON PATIENT WITH END-STAGE RENAL DISEASE (ESRD)  
UNDERGOING HEMODIALYSIS THERAPY IN KLINIK UTAMA  
DIALISIS GOLDEN PMI DIY<sup>1</sup>**

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**ABSTRACT**

**Background** : End-Renal Stage Disease is renal function disorder final stage which is progressive and irreversible where patient opt kidney transplantation or hemodialysis therapy. The undergoing therapy is an alternative choice to substitute kidney function where patient experience many obstacles for example time, costs and daily activity limits that need family supports.

**Objective** : To identify the relationship of family support anxiety level on patient with end-stage renal disease (esrd) undergoing hemodialysis therapy in Klinik Utama Dialisis Golden PMI DIY.

**Method** : This research uses analytical descriptive research with cross sectional approach. Location of the study was conducted at Hemodialysis Unit in Klinik Utama Dialisis Golden PMI DIY. Subject of the study were hemodialysis patients undergoing routine recorded. Research samples were taken with accidental sampling techniques, which consisted of 37 respondents. Data taken using questionnaire. Data analysis calculated by using Kendal Tau ( $\tau$ ) correlation formula.

**Results** : Based on Kendal Tau ( $\tau$ ) statistic test,  $\rho$  value as the 0,000 significance level with an  $\alpha = 1\%$ . In Kendal Tau ( $\tau$ ) table obtained Asymp. Sig value  $-0,852 < 0,01$ . Meant score of  $\rho < \text{value of } \alpha$ , thus  $H_0$  was denied and  $H_a$  accepted so that meant there is relationship between family support with anxiety level.

**Conclusions** : there is relationship between family support with anxiety level on patient with end-stage renal disease (esrd) undergoing hemodialysis therapy in Klinik Utama Dialisis Golden PMI DIY.

**Keywords** : Family support, anxiety level, end-renal stage disease, hemodialysis  
Literature available : 19 books (2002-2013), 7 Journals, 9 Thesis, 5 Websites.  
Number of Pages : i - xv, 84 pages, 17 tables, 3 images, 10 attachments.

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