

FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN PELAKSANAAN
PEMBERIAN MP-ASI DINI PADA ANAK USIA 0-6 BULAN DI PUSKESMAS SEDAYU
II BANTUL YOGYAKARTA

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Latar belakang: Meningkatnya angka kematian anak (AKI) di Indonesia dikarenakan rendahnya akses dan kualitas pelayanan kesehatan ibu dan anak serta kurangnya pengetahuan ibu hamil, keluarga dalam praktik pemberian ASI dan MP ASI.

Tujuan: mengetahui faktor-faktor yang mempengaruhi pelaksanaan pemberian makanan pendamping ASI (MP-ASI) dinipada anak usia 0-6 bulan di puskesmas sedayu II bantul Yogyakarta

Metodologi penelitian: jenis penelitian ini adalah penelitian deskriptif analitik dengan rancangan cross sectional study. Pengambilan sampel dengan metode purposif sampling, jumlah sampel yang digunakan sebanyak 52 orang. Uji analisis menggunakan *chi square*.

Hasil penelitian: hasil karakteristik responden mayoritas berdasarkan umur 20-35 tahun sebanyak 46 orang (88,5%), berpendidikan SAM 25 orang (48,1%), 28 orang (53,8%) mayoritas ibu memiliki anak 1, dan berpekerjaan sebagai IRT sebanyak 34 orang (65,4%). Selanjutnya mayoritas anak berumur 6 bulan sebanyak 15 (28,8). uji chi square menunjukkan variabel pengetahuan ibu $p=0,002$, dukungan keluarga $p=0,008$, dukungan petugas kesehatan $p=0,012$, dan iklan susu formula (MP-ASI) $p=0,713$.

Kesimpulan: ada hubungan yang bermakna antara pengetahuan ibu, dukungan keluarga, dan petugas kesehatan dengan MP-ASI ($p < 0,05$). Tidak ada hubungan antara iklan susu formula dengan MP-ASI ($p > 0,05$).

Kata kunci: Anak, MP-ASI, Orangtua

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THE FACTORS INFLUENCE THE IMPLEMENTATION OF INITIAL
COMPLEMENTARY FOODS – BREASTFEED TO THE INFANTS AGE 0-6 MONTH AT
PUBLIC HEALTH CENTER OF SEDAYU II BANTUL YOGYAKARTA.

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ABSTRACT

Background: the increasing of infants mortality in Indonesia is caused by the low access and quality of infants and mother health service and the lack of the expectant mother's knowledge, family in practising breastfeeding and complementary foods breastfeed. The harm in complementary foods breastfeeding affect to the continuance of growth and nutrient status on the early period of the baby's life. the implementation of food complementari-exclusive breastfeeding to the infant upon 6 months is the precise time in providing the food complementari-exclusive breastfeeding. The wrong ood complementary-exclusive breastfeeding can impact on the continuity of growth and nutritional status in the early period of infant's life. the factors influencing are mother's knowledge, family support, medicat staff support and formulation milk advertisement.

Goal: to know the factors influence the implementation of initial complementary foods – breastfeed to the infants age 0-6 month at public health center of sedayu II bantul yogyakarta.

Research Method: the research type was analytic descriptive with cross sectional study design. Sampling was by purposive sampling method, number of sample used as many 52 people. Analysis test used chi square.

Research result: result of respondent characteristic is majority based on age 20-35 years old as many 46 people (88,5%), educated in senior high school is 25 people (48,1%), 28 people (53,8%) majority is mother with a child, and work as housewife as many 34 people (65,4%). Then, majority infants age 6 month is 15 (28,8%). Chi square showed that variable of mother's knowledge $p=0,002$, family support $p=0,008$, medicat staff support $p=0,012$, and formulation milk advertisement (complementary foods-breastfeed) $p=0,713$.

Conclusion: there is significant relationship between mother's knowledge, family support, and medical staff support with complementary foods – breastfeed ($p<0,05$). There is no relationship between formulation milk advertisement with complementary foods – breastfeed ($p>0,05$).

Key of terms: complementary foods-breastfeed, parents, child

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