

## INTISARI

### HUBUNGAN TINGKAT PENGETAHUAN DAN SIKAP IBU DENGAN PENERAPAN PERAWATAN METODE KANGURU PADA BAYI BERAT LAHIR RENDAH DI RUANG PERINATOLOGI RSUD SARAS HUSADA PURWOREJO

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**Latar Belakang** : Perawatan metode kanguru merupakan masa transisi dari inkubator ke suhu ruangan bagi bayi BBLR untuk memungkinkan suhu tubuh bayi beradaptasi dengan suhu ruangan sehingga tidak terjadi hipotermi yang bisa mengakibatkan kematian pada bayi BBLR. Perawatan metode kanguru masih belum dilaksanakan dengan baik oleh ibu yang mempunyai bayi BBLR sedangkan di Ruang Perinatologi RSUD Saras Husada Purworejo angka kelahiran bayi BBLR cukup tinggi.

**Tujuan** : Mengetahui hubungan antara tingkat pengetahuan dan sikap ibu dengan penerapan perawatan metode kanguru pada BBLR di ruang Perinatologi RSUD Saras Husada Purworejo.

**Metode** : Jenis penelitian analitik korelasi dengan rancangan *cross sectional*. Jumlah sampel sebanyak 25 responden, ditentukan dengan teknik *total sampling*. Instrumen pengambilan data menggunakan kuesioner dan observasi dan data dianalisis menggunakan *chi square*.

**Hasil** : Tingkat pengetahuan dan sikap ibu mempunyai hubungan yang erat dengan perawatan metode kanguru pada BBLR. Hasil uji statistik menunjukkan untuk hubungan pengetahuan dengan penerapan metode kanguru didapatkan  $X^2=9,937$  dengan nilai  $p=0,009$  ( $p<0,05$ ) dan sikap dengan penerapan metode kanguru didapatkan nilai  $X^2=4,812$  dengan nilai  $p=0,03$  ( $p<0,05$ ).

**Kesimpulan** : Terdapat hubungan antara tingkat pengetahuan dan sikap ibu dengan penerapan metode kanguru pada BBLR di ruang Perinatologi RSUD Saras Husada Purworejo. Apabila pengetahuan dan sikap ibu tentang perawatan metode kanguru pada BBLR baik, maka penerapan perawatan metode kanguru juga akan baik.

**Kata Kunci**:Tingkat Pengetahuan, Sikap, PMK

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**THE RELATIONSHIP BETWEEN KNOWLEDGE AND MOTHER'S  
ATTITUDES TOWARDS THE ADOPTION OF KANGAROO CARE  
METHOD IN LOW BIRTH WEIGHT INFANTS IN A PERINATOLOGY  
WARD *RSUD SARAS HUSADA*, PURWOREJO**

**Abstract**

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**Background :** The kangaroo care method is a transition period from incubator to room temperature for LBW (Low Birth Weight) infants to allow the baby's body temperature to adapt with the room temperature. This action is to avoid hypothermia to the infants which can lead to death in LBW. The kangaroo care method is still not implemented properly by mothers with LBW while in perinatology ward *RSUD Saras Husada*, Purworejo, LBW birth rate is quite high.

**Objectives :** The research is aimed at knowing the relationship between the level of knowledge and mothers' attitude toward the implementation of kangaroo care method in low birth weight (LBW) in perinatology ward *RSUD Saras Husada*, Purworejo.

**Methods :** This research is an analytic correlation research which applies cross sectional design. The sample consists of 25 respondents taken from total sampling technique. The questionnaire and observation are used to collect the data. Then, the data is analyzed by chi square.

**Result:** There is a strong relationship between the level of knowledge and attitude of mothers towards the implementation of the kangaroo care method on LBW. The result of statistical test shows the relationship between knowledge toward the application of the kangaroo method  $X^2 = 9.937$  with  $p = 0.009$  ( $p < 0.05$ ). In addition, the statistical test also shows the relationship between attitude toward the application of the method kangaroo as follow:  $X^2 = 4.812$  with  $p = 0.03$  ( $p < 0, 05$ ).

**Conclusion:** There is a relationship between the level of knowledge and attitude toward the application of the kangaroo method on LBW in perinatology ward *RSUD Saras Husada*, Purworejo. If the mother's knowledge and attitudes toward kangaroo care method on LBW is well, then the implementation of kangaroo care method is also good.

**Key words:** Knowledge level, Attitudes, *KMC*

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