

HUBUNGAN TINGKAT PERHATIAN IBU DENGAN MOTIVASI IBU MENGKONSUMSI TABLET BESI DI PUSKESMAS SEDAYU I DAN PUSKESMAS SEDAYU II

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INTISARI

Latar Belakang: Cakupan pemberian tablet Fe3 di pukesmas Sedayu I dan Sedayu II cukup tinggi, namun angka kejadian anemia juga tinggi sebesar 22,94% dan 16,57%. Hal ini dapat disebabkan oleh faktor internal maupun eksternal ibu. Misalkan dari tenaga kesehatan atau dirinya sendiri.

Tujuan Penelitian: Untuk mengetahui hubungan antara tingkat perhatian ibu dengan motivasi ibu mengkonsumsi tablet besi di puskesmas Sedayu I dan Sedayu II.

Metode Penelitian: Penelitian ini merupakan penelitian Kuantitatif dengan menggunakan rancangan penelitian *Cross Sectional*. Sampel dalam penelitian ini diambil dengan menggunakan teknik *Quota Sampling* dengan hasil 85 responden. Dengan teknik analisa data *Kendall Tau*.

Hasil Penelitian : Usia responden mayoritas antara 20-35 tahun (80%), tingkat pendidikan responden terbanyak yaitu SMA (62,4%), status pekerjaan yang mendominasi yaitu tidak bekerja (60%), dan untuk penghasilan mayoritas <UMR (60%). Sebagian besar responden memiliki tingkat perhatian tinggi dan motivasi tinggi sebanyak 64,5% responden. Ada hubungan antara tingkat perhatian ibu dengan motivasi ibu mengkonsumsi tablet besi dengan nilai *p-value* 0,015.

Kesimpulan : Terdapat hubungan antara tingkat perhatian ibu dengan motivasi ibu mengkonsumsi tablet besi di Puskesmas Sedayu I dan II

Kata Kunci: Perhatian ibu, Motivasi Ibu, Tablet Besi

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**RELATIONSHIP BETWEEN MOTHER'S SELF CARE WITH
MOTHER'S MOTIVATION CONSUMING IRON SUPPLEMENTS AT THE
SEDAYU I AND SEDAYU II HEALTH CENTERS**

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Abstract

Background: The coverage of iron tablet administration at the Sedayu I and Sedayu II health centers was quite high, but the incidence of anemia was also high. Mother's self-care is the ability to care for oneself which has the goal of maintaining health both physically and psychologically.

Objective: To determine the relationship between the level of mother's self care with mother's motivation to consume iron supplements at the Sedayu I and Sedayu II health centers.

Research Methods: This research is a quantitative study using a research design *cross sectional*. The sample in this study was taken using the technique *Quota Sampling* with the results of 85 respondents. With the data analysis technique *Kendall Tau*.

Research Results: The majority of respondents were between 20-35 years old (80%), the highest education level of respondents was high school (62.4%), dominating employment status was not working (60%), and for the majority income <minimum wage (60%) Most of the respondents had a high level of self-care and high motivation of 55 respondents (64.5%). There is a relationship between the level of self-care of mothers and the motivation of the mothers to consume iron supplements with a *p-value* of 0.015.

Conclusion: There is a relationship between mother's self care with mother's motivation to consume iron supplements at the Sedayu I and II health centers

Keywords: Mother's self care, Mother's motivation, Iron Supplements

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