

HUBUNGAN DUKUNGAN SOSIAL ORANG TUA DENGAN KECERDASAN EMOSIONAL REMAJA KELAS X DI SMK N 2 SEWON BANTUL

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INTISARI

Latar Belakang : Remaja merupakan populasi terbesar yang jumlahnya menduduki seperlima dari total penduduk dunia, sedangkan di Indonesia prosentase remaja mencapai 26,7%. Populasi remaja yang besar selayaknya menjadi perhatian ekstra untuk masa depan bangsa yang ditentukan oleh remaja. Studi pendahuluan menggambarkan bahwa cukup banyak siswa di SMK N 2 Sewon memiliki masalah kecerdasan emosional (EQ). Remaja dengan EQ rendah menyebabkan mudah stress, depresi, sulit bergaul dan belajar serta lebih “emosional” sehingga berisiko melakukan perilaku menyimpang. Sebagai penyelesaian dari fenomena tersebut, remaja dituntut untuk memiliki kecerdasan emosional yang tinggi didukung oleh lingkungan sosial yang baik khususnya dari orang tua.

Tujuan : Mengetahui hubungan dukungan sosial orang tua dengan kecerdasan emosional (EQ) pada remaja kelas X di SMK N 2 Sewon Bantul.

Metode Penelitian : Penelitian kuantitatif non-eksperimental dengan rancangan *cross sectional* dilakukan di SMK N 2 Sewon Bantul. Populasi sebanyak 285 siswa. Pengambilan sampel dengan teknik *Proportional Stratified Random Sampling* sesuai dengan kriteria inklusi dan eksklusi sejumlah 149 responden. Instrumen penelitian menggunakan kuesioner dukungan sosial orang tua dan EI (*Emotional Intelligent*). Uji bivariat menggunakan uji statistik *Spearman Rank*.

Hasil: Mayoritas responden adalah perempuan 87 siswa (58,4%) dan berusia 16 tahun sebanyak 72 siswa (48,3%), dukungan sosial keluarga dalam kategori cukup baik yaitu 79 (53%) dan tingkat EQ dalam kategori sedang sebanyak 119 siswa (79,9%). Analisis uji korelasi didapat *p-value* = 0,354.

Kesimpulan: Tidak ada hubungan antara dukungan sosial orang tua dengan kecerdasan emosional remaja kelas X di SMK N 2 Sewon. Keeratan hubungan antar variabel sangat lemah dengan nilai koefisien korelasi sebesar 0,077.

Kata Kunci : Dukungan Sosial Orang Tua, *Emotional Intelligence*, Kecerdasan Emosional, Remaja.

RELATIONSHIP OF PARENTS SOCIAL SUPPORTS AND EMOTIONAL INTELLIGENCE ON ADOLESCENT GRADE X AT SEWON 2 BANTUL VOCATIONAL HIGH SCHOOL

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ABSTRACT

Background : Adolescent are the biggest population who occupied one fifth of the total world population, while in Indonesia the percentage of adolescent reached 26,7%. The large population of adolescent should be an extra concern for the nation future that will be determined by adolescent. Preliminary study showed that quite a lot of students at Sewon 2 Vocational High School have emotional intelligence (EQ) problem. Adolescent who have low EQ leads to stress, depression, difficult bergaul and learning, and more emotionally then risk to deviant behavior. As a conclusion of the phenomenon, adolescents are required to have a high emotional intelligence supported by good social environment especially from their parents.

Purpose : To know about relationship of parents social support and emotional intelligence on adolescent at Sewon 2 Vocational High School.

Research Method : This is a non-experimental quantitative research with cross sectional design was conducted at Sewon 2 Vocational High School. The population of this research is 285 students. Sampling by proportional stratified random technique according to inclusion and exclusion criteria there are 149 students. The research instrument used the social parents support questionnaire and EI (Emotional Intelligence) questionnaire. The bivariate test used Spearman Rank statistical test

Result : Majority of the respondents were 87 students (58,4%) with the age of 16 years old were 72 students (48,3%), the parents social support in enough category amount 79 parents (53%) and emotional intelligence level in moderate category was 119 students. Analysis of corellation test obtained p-value = 0,354.

Conclusion : There is no correlation between parents social support and emotional intelligence on adolescent grade X at Sewon 2 Vocational High School. Closeness correlation between variable are weak with the coefficient correlation is 0,077.

Keywords : Parents Social Support, Emotional Intelligence, Adolescence.
