

HUBUNGAN PERANAN TEMAN SEBAYA DENGAN PERKEMBANGAN SOSIAL EMOSIONAL SISWA-SISWI DI SMK NEGERI 2 SEWON BANTUL YOGYAKARTA

Evi Suryandari¹, Sulistiyawati², Lia Endriyani³

evisuryandari10@gmail.com

ABSTRAK

Latar Belakang: Remaja merupakan masa menuju dewasa dengan pesatnya perkembangan fisik, kognitif, emosional dan sosial. Tidak semua remaja dapat melewati dengan mulus. Masalah sosial emosional ditandai agresifitas dan kenakalan. Selama 2016 di DIY tercatat 43 kasus tawuran pelajar, pelaku anak usia 14-18 tahun. Salah satu faktor yang mempengaruhi ialah teman sebaya. Remaja banyak menghabiskan waktu berkumpul bersama teman sebayanya, Sehingga teman sebaya berpengaruh dalam perkembangan sosial emosional.

Tujuan: Mengetahui hubungan peranan teman sebaya dengan perkembangan sosial emosional siswa-siswi di SMK Negeri 2 Sewon Bantul Yogyakarta.

Metodologi: Desain penelitian ini ialah deskriptif analitik dengan pendekatan *cross sectional*. Tehnik sampel menggunakan metode *purposive sampling* dengan jumlah sampel 107 siswa. Instrument penelitian menggunakan kuesioner peran teman sebaya dan kuesioner perkembangan sosial emosional. Uji statistik bivariat menggunakan *Kendall Tau*.

Hasil : Mayoritas responden berjenis kelamin perempuan 81 orang (75,7%), berusia 16 tahun 77 orang (72%), peranan teman sebaya sedang 81 orang (75,7%), dan perkembangan sosial emosional baik 101 orang (94,4%). Peranan teman sebaya sedang dengan perkembangan sosial emosional baik 76 orang (92,8%). Hasil uji bivariat diperoleh nilai *p value*=0,885, menunjukkan tidak terdapat hubungan anatara kedua variable.

Kesimpulan: Perkembangan sosial emosional versi remaja pertengahan berupa perubahan tingkah laku, sikap dan berfikir tentang sekelilingnya selama proses belajar. Munculnya rasa ingin tahu mengenai kondisi sekelilingnya tidak hanya teman sebaya, melainkan orang tua, saudara kandung, masyarakat dan reaksi orang-orang kepada remaja. Sehingga remaja memiliki kemampuan sosialisasi yang baik, pengendalian emosi yang terkontrol, kemandirian, dan akan terus meningkat seiring bertambahnya usia.

Kata Kunci: Remaja, Sosial Emosional, Teman Sebaya.

¹ Mahasiswa Program Studi Ilmu Keperawatan Universitas Alma Ata Yogyakarta

² Dosen Program Studi Ilmu Keperawatan Universitas Alma Ata Yogyakarta

³ Dosen Program Studi Ilmu Keperawatan Universitas Alma Ata Yogyakarta

**RELATIONSHIPS BETWEEN PEER GROUP AND THE SOCIAL EMOTIONAL
DEVELOPMENT OF STUDENTS IN SMK NEGERI 2 SEWON BANTUL
YOGYAKARTA**

Evi Suryandari¹, Sulistiyawati², Lia Endriyani³

evisuryandari10@gmail.com

ABSTRACT

Background: Adolescence is a period toward adulthood with the rapid development of physical, cognitive, emotional and social. Not all adolescents get through smoothly. Emotional social problems are characterized by aggressiveness and delinquency. During the year 2016 in Yogyakarta involved 43 cases of student brawl, child offender 14-18 years. One of the factors that influence is peer group. So peer group are influential in emotional social development.

Objective: To know the relationship of peer role with emotional social development of students at SMK Negeri 2 Sewon Bantul Yogyakarta.

Methodology: The design of this research is analytic descriptive with cross sectional approach. The sample technique used purposive sampling method with 107 student sample. The research instrument uses peer role questionnaires and emotional social development questionnaires. Bivariate statistical test using Kendall Tau.

Results: The majority of respondents were women of 81 people (75.7%), 16 years old of 77 people (72%), relationships between peer group was 81 people (75.7%), and good emotional social development of 101 people (94.4%). relationships between peer group with good emotional social development of 76 people ((92,8%). Bivariate test results obtained p value = 0.885, shows there is no relationship between both variables.

Conclusion: Emotional social development mid teen version in the form of behavioral changes, attitudes and thinking about the surroundings during the learning process. The emergence of curiosity about the condition surrounding him not only peers, but parents, siblings, society and people's reactions to teenagers. So that adolescents have good socialization skills, controlled emotional control, independence, and will continue to increase with age.

Keywords: Youth, Emotional Social, Peer Group.

¹ Nursing Science Program University of Alma Ata Yogyakarta

² Nursing Science Program University of Alma Ata Yogyakarta

³ Nursing Science Program University of Alma Ata Yogyakarta