

RELATIONSHIP OF COPING STRATEGY WITH THE LIFE QUALITY OF SKIZOFRENIA PATIENTS IN PUSKESMAS SEDAYU 2 BANTUL

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ABSTRACK

Background: *One of the chronic mental disorders is schizophrenia. People who have schizophrenia will experience hallucinations and uncertain anxiety and anger without cause. Conditions cause not a few families to feel stressed. To overcome these stresses, appropriate coping mechanisms are needed, so that they can properly treat schizophrenic patients which can ultimately improve the quality of life for schizophrenic patients*

Research Objective: *To determine the relationship between coping strategies and the quality of life of families of schizophrenic patients at Sedayu 2 Bantul Health Center*

Research Methods: *This type of research is correlational with a cross sectional approach. The sample is a family that has family members with schizophrenia who seek treatment at the Sedayu 2 Health Center, which was chosen by a purposive sampling technique. The coping strategy instrument uses the Brief Cope and quality of life instruments using the S-CGQoL questionnaire. Data analysis techniques with Chi Square.*

Results: *The coping strategy in caring for family members who suffer from schizophrenia at the Sedayu 2 Public Health Center in Bantul is the problem focus coping strategy, which is 58.59%. The quality of life of the family of schizophrenic patients at Sedayu 2 Bantul Public Health Center is less than 44 respondents (66.7%). The results of the Chi Square analysis showed a correlation between coping strategies and the quality of life of families of schizophrenic patients ($p = 0.037$)*

Conclusion: *There is a relationship between coping strategies and the quality of life of families in schizophrenic patients at Sedayu 2 Bantul Health Center*

Keywords: Coping Strategy, Quality of Life, Schizophrenic Patients

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