

# **GAMBARAN RIWAYAT PREEKLAMSI SELAMA HAMIL PADA IBU NIFAS BERDASARKAN PENAMBAHAN BERAT BADAN SELAMA HAMIL DI RSUD WONOSARI GUNUNG KIDUL YOGYAKARTA**

## **INTISARI**

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**Latar Belakang** : Menurut SDKI tahun 2012 AKI sebanyak 359 kematian ibu per 100.000 kelahiran hidup. AKI mengalami penurunan menjadi 305 kematian ibu per 100.000 kelahiran hidup berdasarkan hasil survei penduduk antar sensus (SUPAS) 2015. Di Yogyakarta pada tahun 2014, yaitu 204 per 100.000 kelahiran hidupturun menjadi 46 per 100.000 kelahiran hidup. Berdasarkan studi pendahuluan pada tanggal 20 Februari 2018, data yang diperoleh dari RSUD Wonosari Gunung Kidul Yogyakarta pada 1 bulan terakhir, pada bulan Januari tahun 2018 jumlah kejadian persalinan dengan preeklamsi sebanyak 23 orang.

**Tujuan** : Untuk mengetahui bagaimana gambaran riwayat preeklamsi selama hamil pada ibu nifas berdasarkan penambahan berat badan selama hamil.

**Metode** : Jenis penelitian menggunakan deskriptif kuantitatif, dengan rancangan penelitian *cross sectional*. Tempat penelitian dilakukan di RSUD Wonosari Gunungkidul Yogyakarta, pada tanggal 24 Mei 2018. Populasi dalam penelitian ini diambil dari data 1 bulan terakhir yaitu pada bulan April 2018 sebanyak 138 orang. Teknik pengambilan sampel menggunakan *total sampling*, berjumlah 103 orang yang sesuai dengan kriteria inklusi dan eksklusi. Instrument dalam penelitian menggunakan rekam medis.

**Hasil** : Kejadian preeklamsi di RSUD Wonosari berjumlah 33 orang (32%) dan yang tidak preeklamsi sebanyak 70 responden (68%). Penambahan berat badan selama hamil ibu yang mengalami preeklamsi sebagian besar kategori normal sebanyak 14 orang (31,1%), sedangkan sebagian kecil kategori kurus sebanyak 8 orang (22,2%) dan kategori obesitas sebanyak 11 orang (50%). Ibu yang tidak mempunyai riwayat preeklamsi sebagian besar penambahan berat badanya kategori normal sebanyak 31 orang (68,9%), sebangkan sebagian kecil kategori obesitas sebanyak 11 orang (50%), dan kategori kurang atau kurus sebanyak 28 orang (77,8%).

**Kesimpulan** : Kenaikan berat badan yang obesitas selama kehamilan dapat menjadi faktor penyebab terjadinya preeklamsi.

**Kata Kunci** : Preeklamsi, Ibu Nifas, Penambahan Berat Badan Selama Hamil

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**THE REFLECTION OF PRE-ECLAMPSIAHISTORY DURING BIRTH OF POSTPARTUM MOTHER BASED ON WEIGHT INCREASE DURING MATERNITY IN WONOSARI REGIONAL PUBLIC HOSPITALGUNUNG KIDUL YOGYAKARTA**

**ABSTRACT**

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**Background:** Based on SDKI at 2012 showed that the increasing of maternal mortality rate that significant was became 359 maternal death per 100.000 birth life. The number of maternal death showed decreasing became 305 maternal death per 100.000 birth life based on the resident survey result between census 2015. In Yogyakarta at 2014, was 204 per 100.000 birth life decreased became 46 per 100.000 birth life. Based on introduction study at February, 20<sup>th</sup>, 2018, data that get from Wonosari Regional Public HospitalGunung Kidul Yogyakarta in last 1 month, in Januari 2018 the number of maternity with pre-eclampsia was 23 mothers..

**Purpose:** To know how pre-eclampsia history during birth of postpartum mother based on weight increase during maternity

**Methodology:** This was descriptive qualitative research with cross sectional research plan. The research was conducted in Wonosari Regional Public Hospital Gunung Kidul Yogyakarta. The research was done in May, 24<sup>th</sup>, 2018. The research population was taken from last 1 month that was in April 2018 the total of postpartum mother 138 mothers. Sample taking technique used total sampling. The sample taken was 103 mothers that appropriate with inclusion and exclusion criteria. Research instrument used medical record.

**Result:** Pre-eclampsia that happen in Wonosari Regional Public Hospital was 33 respondents (32%) and no pre-eclampsia was 70 respondents (68%). Weight increase during maternity with pre-eclampsia most of them was in normal weight category was 14 respondents (31,1%), however less in tin weight category was 8 respondents (22,2%), and obesity category was 11 respondents (50%). Mother who had no pre-eclampsia history, most of them get weight increasing in normal category was 31 respondents (68.9%), however less in obesity category was 11 respondents (50%) and tin category was 28 respondents (77,8%).

**Conclusion:** Obesity weight increase during maternity can be caused factor of pre-eclampsia.

**Key words:** Pre-eclampsia, Postpartum mother, weight increase during maternity

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